# Personal Goal Plan

**For:** ___________________  **Case Manager:** ___________________  **Date:** __________

**Planned Frequency of Contact:** __________________________________________________________

**Life Domain Focused Upon:**

- [ ] Housing/Transportation
- [ ] Vocational/Educational
- [ ] Financial/Insurance
- [ ] Family/Relationships
- [x] Health
- [ ] Social Support/Leisure
- [ ] Other (______________________)

## My Long-Term Goal:

<table>
<thead>
<tr>
<th>Measurable Short-Term Goals</th>
<th>Who is Responsible</th>
<th>Date to be Accomplished</th>
<th>Date Accomplished</th>
<th>Comments About Goals and Progress</th>
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**Participant’s Signature** ___________________  **Date:** __________

**Case Manager’s Signature** ___________________  **Date:** __________